

## ADP, adrenaline and serotonin stimulate inositol 1,4,5-trisphosphate production in human platelets

Daina M. Vanags<sup>a</sup>, John V. Lloyd<sup>b,\*</sup>, Susan E. Rodgers<sup>b</sup>, Felix Bochner<sup>a</sup>

<sup>a</sup> Department of Clinical and Experimental Pharmacology, University of Adelaide, Adelaide, South Australia, 5005 Australia

<sup>b</sup> Division of Haematology, Institute of Medical and Veterinary Science, PO Box 14, Rundle Mall, Frome Road, Adelaide, South Australia, 5000 Australia

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### Abstract

Although adenosine diphosphate (ADP) is a well-known stimulus of platelet aggregation, it is not the generally accepted view that ADP stimulates phosphatidylinositolbisphosphate (PtdIns(4,5)P<sub>2</sub>) hydrolysis. Using a very sensitive competitive receptor binding assay for inositol 1,4,5-trisphosphate (Ins(1,4,5)P<sub>3</sub>), we have detected Ins(1,4,5)P<sub>3</sub> production at early (< 10 s) time points after stimulation of human platelets by the weak agonists ADP, adrenaline and serotonin (5-hydroxytryptamine, 5-HT). When adrenaline or 5-HT was combined with ADP in the presence of aspirin, there was a significant potentiation of ADP-induced platelet aggregation, but there was no potentiation of Ins(1,4,5)P<sub>3</sub> generation. Also, the increases in intracellular calcium (Ca<sup>2+</sup>) concentrations stimulated by ADP were not potentiated by adrenaline in the presence of aspirin. Therefore, the synergism between the purinergic and adrenergic pathways of platelet activation occurs downstream from PtdIns(4,5)P<sub>2</sub> hydrolysis and intracellular Ca<sup>2+</sup> mobilization, although prior to platelet aggregation. © 1998 Elsevier Science B.V. All rights reserved.

**Keywords:** ADP; 5-HT (5-hydroxytryptamine, serotonin); Adrenaline; Inositol 1,4,5-trisphosphate; Human platelet; Synergism; Ca<sup>2+</sup>

### 1. Introduction

Although adenosine diphosphate (ADP) and adrenaline are well-known stimuli of platelet aggregation, there is controversy over their ability to stimulate phosphatidylinositolbisphosphate (PtdIns(4,5)P<sub>2</sub>) hydrolysis. (Lloyd et al., 1972, 1973a,b; Vickers et al., 1982, 1986, 1990; Siess et al., 1984; Fisher et al., 1985; MacIntyre et al., 1985; Daniel et al., 1986, 1987; Duncan et al., 1992; Blockmans et al., 1995). There is considerable evidence that the hydrolysis of PtdIns(4,5)P<sub>2</sub> and the formation of inositol 1,4,5-trisphosphate (Ins(1,4,5)P<sub>3</sub>) is an initial and key step in the triggering of the platelet aggregation response by strong agonists such as thrombin and collagen (Lloyd and Mustard, 1974; Agranoff et al., 1983; Rittenhouse and Sasson, 1985; Daniel et al., 1987; Tysnes et al., 1991). The lack of convincing evidence for ADP-induced PtdIns(4,5)P<sub>2</sub>

hydrolysis has led to the search for other mechanisms of action for ADP (MacIntyre et al., 1985; Sage and Rink, 1987). A very sensitive receptor binding assay for Ins(1,4,5)P<sub>3</sub> has provided a significant advance in the study of this mediator in other cells (Challiss et al., 1988; Bredt et al., 1989) and offers an opportunity to reexamine the signal transduction mechanisms of platelet activation by the weak agonists ADP, adrenaline and serotonin (5-hydroxytryptamine, 5-HT).

We have previously shown that the synergistic platelet aggregation response induced by combinations of ADP and adrenaline or 5-HT is a specific receptor-mediated process inhibited by the specific receptor antagonists yohimbine and ketanserin and not entirely dependent on the effects of thromboxane (Vanags et al., 1992). In the present study we have examined whether the synergistic platelet aggregation response by these weak agonists is mediated by synergism at the level of signal transduction, that is, by a potentiation of Ins(1,4,5)P<sub>3</sub> formation and intracellular calcium (Ca<sup>2+</sup>) mobilisation.

\* Corresponding author. Tel.: +61-8-82225410; Fax: +61-8-82225963.

## 2. Materials and methods

### 2.1. Materials

[<sup>3</sup>H]myo-inositol-1,4,5-trisphosphate (specific activity 17–21 Cimmol<sup>-1</sup>) was from New England Nuclear Research Products (Boston, MA, USA). D-myo-inositol 1,4,5-trisphosphate (potassium salt) was from Amersham International (Little Chalfont, UK). ADP, 5-HT creatinine sulphate complex, Hepes, dimethyl sulphoxide and albumin fraction V were obtained from Sigma (St. Louis, MO, USA). Adrenaline tartrate was from Astra Pharmaceuticals. Aequorin (lyophilized) was from Dr. Blinks (Mayo Clinics, Rochester, MN, USA). Acetyl-salicylic acid (aspirin) was obtained from BDH. Apyrase was prepared from potatoes according to the method of Molner and Lorand (1961). All other compounds were of analytical grade.

### 2.2. Preparation of platelet suspensions for aggregation and Ins(1,4,5)P<sub>3</sub> experiments

Venous blood was taken by venepuncture from healthy volunteers into 6/1 (v/v) acid-citrate-dextrose (pH 4.5). Washed platelet suspensions were prepared according to the method of Mustard et al. (1989). Washing buffer contained heparin (50 IU/ml), apyrase (7 µl/ml) and CaCl<sub>2</sub> (2 mM), (pH adjusted to 6.5) and the resuspension buffer contained CaCl<sub>2</sub> (1 mM) (pH 7.4). The platelet suspension was stored in a stoppered air-free syringe (to prevent the loss of CO<sub>2</sub> and changes in pH). Platelet counts were adjusted to 300 000/µl for tests of aggregation and to 600 000/µl for experiments on Ins(1,4,5)P<sub>3</sub> production. Platelets were incubated at 37°C for 30 min in the presence of aspirin (100 µM) in all experiments in which Ins(1,4,5)P<sub>3</sub> was measured.

### 2.3. Platelet aggregation

Platelet aggregation and the preceding shape change of the washed platelets in response to ADP were measured by changes in light transmission in an aggregometer (Payton, Ontario, Canada). Platelet-free plasma was added (1.5 µl/300 µl platelet suspension) as a source of fibrinogen.

### 2.4. Ins(1,4,5)P<sub>3</sub> production

Addition of platelet-free plasma (5 µl) to the washed platelet suspension (895 µl), stirred at 600 rpm in a siliconised glass cuvette, was followed immediately by the simultaneous addition of the two stimuli or buffer (50 µl each). After stimulation, each platelet sample was extracted with ice-cold perchloric acid (100 µl, 6.6 M) and placed on ice for 20 min. The protein precipitate was sedimented by centrifugation for 15 min at 4°C and 2000 × g. The supernatant was neutralized by careful titration with KOH in the presence of Universal Indicator (20 µl).

The potassium perchlorate salt was removed by centrifugation for 15 min at 4°C and 2000 × g. The supernatants were evaporated to dryness under vacuum and reconsti-

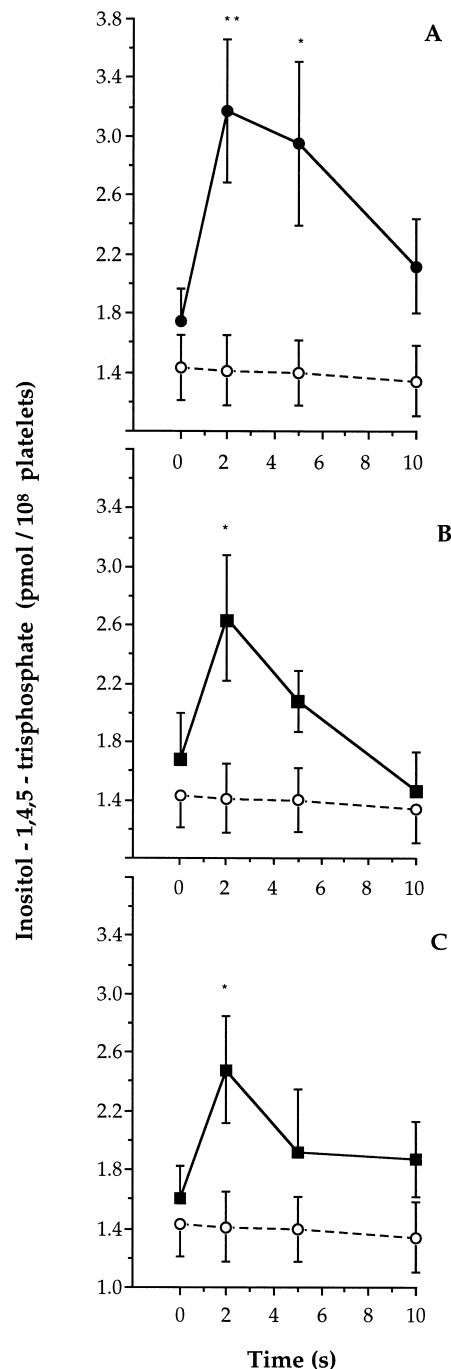


Fig. 1. The time-course of Ins(1,4,5)P<sub>3</sub> formation in washed human platelets stimulated by the weak agonists in the presence of aspirin (A) ADP 500 µM (filled circles) (B) adrenaline 10 µM (filled squares) (C) 5-HT 10 µM (filled squares) or buffer control (open circles). The experiments were performed in the presence of aspirin (100 µM) and platelet-free plasma (5 µl/ml as a fibrinogen source). Data are the mean ± sem (*n* = 11, with duplicate determinations in a randomised block design with respect to stimulus and time). \*\* (*P* < 0.01) and \* (*P* < 0.05) indicate a significant increase in Ins(1,4,5)P<sub>3</sub> production compared to buffer control at respective time points.

tuted in 250  $\mu$ l distilled water. Reconstituted samples were stored at  $-80^{\circ}\text{C}$  for several weeks without deterioration in the concentration of  $\text{Ins}(1,4,5)\text{P}_3$ . Platelet resuspension buffer was also extracted in the same manner and used as the diluent for the  $\text{Ins}(1,4,5)\text{P}_3$  standards. The samples and standards were assayed in duplicate for  $\text{Ins}(1,4,5)\text{P}_3$  concentration using the following adaptations to the method described by Bredt et al. (1989).

The platelet sample (100  $\mu$ l) was combined with [ $^3\text{H}$ ] $\text{Ins}(1,4,5)\text{P}_3$  (0.25 nM, specific activity 17–21 Ci/mmol) in the presence of Tris buffer (100 mM) plus mercaptoethanol (1 mM) and EDTA (4.5 mM; pH 8.4) in an incubation volume of 450  $\mu$ l. Rat cerebellar membrane homogenate (50  $\mu$ l, 0.12 mg of protein) was added and the samples incubated on ice for 10 min. Incubated identically were  $\text{Ins}(1,4,5)\text{P}_3$  standards (0.19–200 pmol) which had been diluted in acid-extracted platelet resuspension buffer. The incubations were stopped by centrifugation for 10 min at  $4^{\circ}\text{C}$  and  $2000 \times g$ , the supernatants were removed, the pellet solubilised overnight and the radioactivity of the pellet determined. In this assay total binding ([ $^3\text{H}$ ] $\text{Ins}(1,4,5)\text{P}_3$  in the absence of  $\text{Ins}(1,4,5)\text{P}_3$ ) was routinely between 1500–2000 dpm and non-specific binding ([ $^3\text{H}$ ] $\text{Ins}(1,4,5)\text{P}_3$  binding not displaced by 10  $\mu\text{M}$  D- $\text{Ins}(1,4,5)\text{P}_3$ ), was approximately 6%. The counting efficiency in typical samples was 50%. The mean extraction efficiency was determined as 36% by the assay of internal standards in each experiment. The amount of  $\text{Ins}(1,4,5)\text{P}_3$  in each sample was calculated using the standard curve, standardised for extraction efficiency and platelet count and finally expressed as pmol/ $10^8$  platelets. The detection limit of the assay was  $0.40 \pm 0.02$  pmol/ $10^8$  platelets.  $\text{Ins}(1,4,5)\text{P}_3$  receptors were prepared according to the method of Bredt et al. (1989). The cerebella of two rats provided enough binding protein for the assay of 37 samples and a 12 point standard curve which were both assayed in duplicate. The protein concentration of the cerebellar membrane receptor homogenate was measured using the Coomassie Blue technique (Bradford, 1976).

## 2.5. Calcium mobilisation

All donors denied taking medication for at least two weeks before blood collection. The platelet washing and

aequorin loading method was that described by Potevin et al. (1990). The platelets were then suspended in HEPES suspension buffer (5 ml) containing  $\text{CaCl}_2$  (1 mM) and  $\text{MgCl}_2$  (1 mM), at  $3 \times 10^5$  platelets/ $\mu$ l. The platelet suspension was incubated at  $37^{\circ}\text{C}$  in a plastic syringe with air excluded. Platelet aggregation and luminescence were quantitated in the same aequorin-loaded platelet sample in a Platelet Ionized Calcium Aggregometer (PICA: Chronolog, Havertown, PA) at  $37^{\circ}\text{C}$  within 60–90 min of aequorin loading. Intracellular  $\text{Ca}^{2+}$  concentration was determined from the stimulated aequorin luminescence peak (L) using calibration curves of log fractional luminescence ( $L/L_{\text{max}}$ ) vs. log  $\text{Ca}^{2+}$  concentration supplied with each batch of aequorin. Platelet suspensions which caused  $\text{Ca}^{2+}$  mobilisation but did not change shape and aggregate in response to ADP were discarded. Electron microscopy studies showed that platelet suspensions were not substantially activated after aequorin loading.

## 2.6. Statistical analysis

The data were analysed by the Friedman's nonparametric two-way analysis of variance by ranks followed by a multiple-comparison procedure.

## 2.7. Ethics approval

Collection of blood from human volunteers was approved by the Ethics Committee of the Royal Adelaide Hospital. Use of rats for measurement of  $\text{Ins}(1,4,5)\text{P}_3$  concentrations was approved by the Ethics Committee of the University of Adelaide.

# 3. Results

## 3.1. $\text{Ins}(1,4,5)\text{P}_3$ production by the weak agonists

ADP (500  $\mu\text{M}$ ) stimulated an increase in the mass of  $\text{Ins}(1,4,5)\text{P}_3$  at 2 s (Fig. 1A), which by 10 s had decreased

Table 1

The concentration–response relationship for  $\text{Ins}(1,4,5)\text{P}_3$  formation at two seconds, induced by combinations of weak agonists, in the presence of aspirin

	Ins-(1,4,5) $\text{P}_3$ (pmol/ $10^8$ platelets) stimulated by				
	0 $\mu\text{M}$ ADP	10 $\mu\text{M}$ ADP	50 $\mu\text{M}$ ADP	100 $\mu\text{M}$ ADP	500 $\mu\text{M}$ ADP
ADP alone	$1.30 \pm 0.28^a$	$1.94 \pm 0.27$	$2.40 \pm 0.33^c$	$1.92 \pm 0.27$	$2.54 \pm 0.20^c$
ADP + adrenaline	$2.35 \pm 0.38^b$	$2.69 \pm 0.30^c$	$2.50 \pm 0.33^c$	$2.74 \pm 0.37^c$	$3.46 \pm 0.52^c$
ADP + 5-HT	$2.75 \pm 0.38^c$	$2.24 \pm 0.31^b$	$2.44 \pm 0.41^b$	$2.52 \pm 0.35^c$	$3.08 \pm 0.30^c$

Platelet suspensions were stimulated for 2 s by the agonists alone or in combination (added simultaneously) and the amount of  $\text{Ins}(1,4,5)\text{P}_3$  determined. The concentration of adrenaline was 1  $\mu\text{M}$  and of 5-HT was 10  $\mu\text{M}$ . The experiments were performed in the presence of aspirin (100  $\mu\text{M}$ ) and platelet-free plasma (5  $\mu$ l/ml as a fibrinogen source). The data are the mean  $\pm$  standard error of the mean (S.E.M.) of 7 separate experiments which were randomised with respect to stimulus and ADP concentration. A significant increase in the amount of  $\text{Ins}(1,4,5)\text{P}_3$  compared to basal levels<sup>a</sup> is indicated by <sup>b</sup> ( $P < 0.05$ ) and <sup>c</sup> ( $P < 0.01$ ). A difference of 0.89 between means is statistically significant at the 0.05 level.

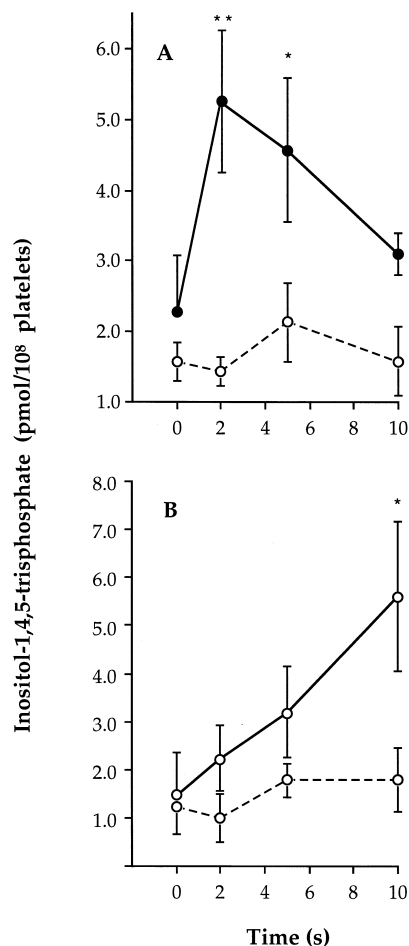


Fig. 2. The time-course of  $\text{Ins}(1,4,5)\text{P}_3$  formation in washed human platelets stimulated by the strong agonists in the presence of aspirin. (A) Thrombin 1.5 IU/ml (filled circles) or buffer control (open circles) or (B) collagen 10  $\mu\text{g}/\text{ml}$  (open circles, solid line) or buffer control (open circles, dashed line). The experiments were performed in the presence of aspirin (100  $\mu\text{M}$ ) and platelet-free plasma (5  $\mu\text{l}/\text{ml}$ ). Data are the mean  $\pm$  sem ( $n = 3$ , with duplicate determinations for thrombin,  $n = 4$ , with duplicate determinations for collagen, in a randomised block design with respect to stimulus and time). \*\*( $P < 0.01$ ) and \*( $P < 0.05$ ) indicate a significant increase in  $\text{Ins}(1,4,5)\text{P}_3$  production compared to buffer control at respective time points.

to levels not significantly above control. The production of  $\text{Ins}(1,4,5)\text{P}_3$  by ADP followed a similar time course to the shape change response which occurs prior to aggregation (data not shown). The concentration–response relationship for ADP-induced  $\text{Ins}(1,4,5)\text{P}_3$  generation showed that lower concentrations of ADP also stimulated increases in  $\text{Ins}(1,4,5)\text{P}_3$  generation (Table 1). Adrenaline (10  $\mu\text{M}$ ) caused a smaller more transient increase in the mass of  $\text{Ins}(1,4,5)\text{P}_3$  at 2 s (Fig. 1B) which by 5 s was slightly but not significantly above control. Production of  $\text{Ins}(1,4,5)\text{P}_3$  induced by 5-HT (10  $\mu\text{M}$ ) was similar to that for adrenaline (Fig. 1C). For comparison,  $\text{Ins}(1,4,5)\text{P}_3$  production induced by thrombin (1.5 IU/ml) and collagen (10  $\mu\text{g}/\text{ml}$ ) were also determined.  $\text{Ins}(1,4,5)\text{P}_3$  production by thrombin

was greatest at 2 s, as for the weak agonists (Fig. 2A), but for collagen a more delayed response was seen with an increase at 10 s after the addition of stimulus (Fig. 2B).

### 3.2. Synergistic platelet aggregation

Aggregation in response to increasing concentrations of ADP (1–500  $\mu\text{M}$ ) reached a plateau with 100  $\mu\text{M}$  ADP (Fig. 3A.  $\text{EC}_{50}$  12.5  $\mu\text{M}$ , where  $\text{EC}_{50}$  is the effective concentration giving 50% maximum response). Adrenaline (10  $\mu\text{M}$ ) alone caused no platelet aggregation, but potentiated ADP-induced platelet aggregation as shown by the leftward displacement of the concentration response curve ( $\text{EC}_{50}$  2.6  $\mu\text{M}$ ; a 4.8 fold decrease) and an increase in maximum response (Fig. 3A). 5-HT (10  $\mu\text{M}$ ) also caused a decrease in  $\text{EC}_{50}$  for ADP ( $\text{EC}_{50} = 3.0$   $\mu\text{M}$ , 4.2 fold decrease) and an increase in maximum response (Fig. 3B).

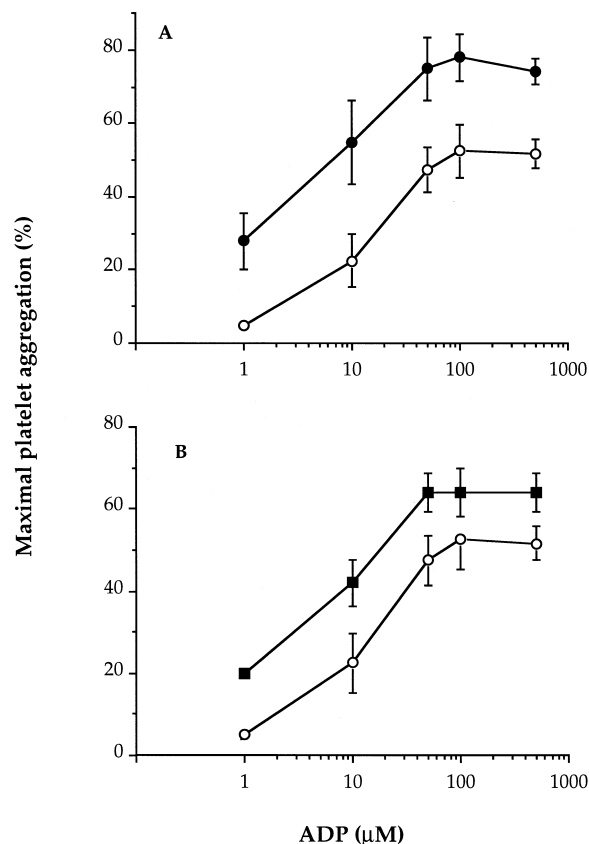


Fig. 3. The potentiation of ADP-induced platelet aggregation by ADP, adrenaline and 5-HT in washed platelets in the presence of aspirin. (A) Platelet aggregation induced by ADP alone (open circles,  $\text{EC}_{50} = 12.5$   $\mu\text{M}$ ) and ADP in the presence of adrenaline (10  $\mu\text{M}$ ) (closed circles,  $\text{EC}_{50} = 2.6$   $\mu\text{M}$ ). Adrenaline alone caused no platelet aggregation. (B) Platelet aggregation induced by ADP alone (open circles,  $\text{EC}_{50} = 12.5$   $\mu\text{M}$ ) and ADP in the presence of 5-HT (10  $\mu\text{M}$ ) (closed squares,  $\text{EC}_{50} = 3.0$   $\mu\text{M}$ ). 5-HT alone caused no platelet aggregation. The experiments were performed with washed platelets in the presence of aspirin (100  $\mu\text{M}$ ) and platelet-free plasma (5  $\mu\text{l}/\text{ml}$ ). Data are the mean  $\pm$  sem ( $n = 7$ ).

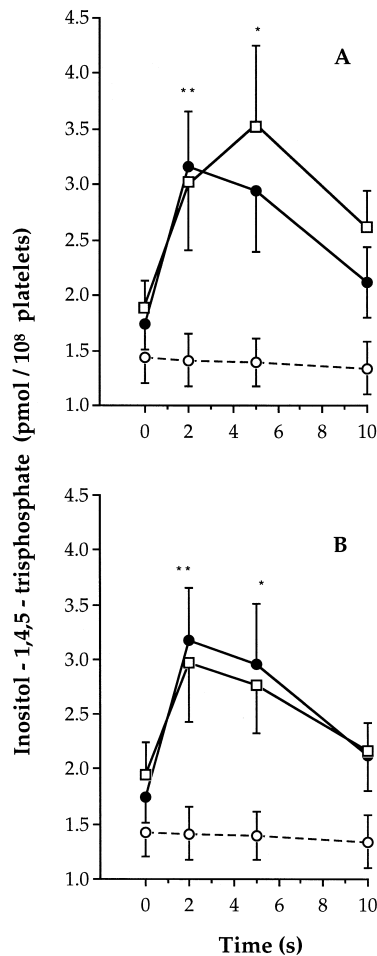


Fig. 4. The time-course of Ins(1,4,5)P<sub>3</sub> formation in washed human platelets stimulated by the combination of weak agonists in the presence of aspirin. (A) ADP 500 μM (filled circles), ADP in combination with adrenaline 10 μM (open squares) or buffer control (open circles). (B) ADP 500 μM (filled circles), ADP in combination with 5-HT 10 μM (open squares) or buffer control (open circles). The experiments were performed in the presence of aspirin (100 μM) and platelet-free plasma (5 μl/ml as a fibrinogen source). Data are the mean ± sem (*n* = 11, with duplicate determinations, in a randomised block design with respect to stimulus and time). \*\* (*P* < 0.01) and \* (*P* < 0.05) indicate a significant increase in Ins(1,4,5)P<sub>3</sub> production compared to buffer control at respective time points.

Table 2

Intracellular Ca<sup>2+</sup> changes and maximal platelet aggregation induced by ADP and adrenaline in aequorin loaded platelets, in the presence (B) and absence of aspirin (A)

	ADP (μM)	Change in Ca <sup>2+</sup> (μM)		Platelet aggregation (%)	
		ADP	ADP + adrenaline	ADP	ADP + adrenaline
A	10 μM	1.46 ± 0.12	2.25 ± 0.32 <sup>a</sup>	3.3 ± 1.7	9.0 ± 2.7
	20 μM	2.2 ± 0.44	3.15 ± 0.27 <sup>a</sup>	5.5 ± 2.8	18.0 ± 3.2 <sup>a</sup>
	50 μM	1.98 ± 0.29	3.0 ± 0.46 <sup>a</sup>	12.5 ± 3.5	30.0 ± 2.0 <sup>a</sup>
	200 μM	2.65 ± 0.35	3.75 ± 0.38 <sup>a</sup>	11.0 ± 3.0	48.3 ± 4.7 <sup>a</sup>
	500 μM	2.65 ± 0.33	3.50 ± 0.33 <sup>a</sup>	16.30 ± 3.8	55.8 ± 8.4 <sup>a</sup>
B	20 μM	2.38 ± 0.13	2.51 ± 0.20	6.0 ± 2.0	23.5 ± 2.5 <sup>a</sup>
	400 μM	2.62 ± 0.34	2.48 ± 0.41	20.8 ± 5.3	51.8 ± 5.1 <sup>a</sup>
	500 μM	3.37 ± 0.71	3.77 ± 0.21	27.6 ± 6.5	66.0 ± 4.1 <sup>a</sup>

Adrenaline concentration was 10 μM, which alone caused no platelet aggregation or mobilisation of Ca<sup>2+</sup>. Two separate sets of experiments were conducted, one in the presence of aspirin (B) and one in the absence of aspirin (A). The data are mean ± sem from 5 experiments.

<sup>a</sup>Indicates a significant change (*P* < 0.05) in intracellular Ca<sup>2+</sup> or platelet aggregation compared to the response for ADP alone.

### 3.3. Ins(1,4,5)P<sub>3</sub> production by the weak agonists in combination

Adrenaline (10 μM) (Fig. 4A) or 5-HT (10 μM) (Fig. 4B) had no effect on the amount of Ins(1,4,5)P<sub>3</sub> generation by ADP (500 μM). The complete concentration response relationship for ADP-induced Ins(1,4,5)P<sub>3</sub> generation in the presence of adrenaline or 5-HT was then studied to investigate the mechanism involved in the potentiated aggregation response between the weak stimuli (Table 1). Ins(1,4,5)P<sub>3</sub> generation induced by ADP alone showed a consistent decrease at 100 μM, compared to 50 μM and 500 μM ADP. Adrenaline (1 μM) caused a small extra increase in the Ins(1,4,5)P<sub>3</sub> generated by ADP, which was only significant at 500 μM ADP, but not greater than the additive effect of the two agonists. Adrenaline alone also showed a significant production of Ins(1,4,5)P<sub>3</sub>, as in Fig. 1B. 5-HT alone produced a significant effect on Ins(1,4,5)P<sub>3</sub> generation (Table 1 and Fig. 1C) but did not significantly increase Ins(1,4,5)P<sub>3</sub> generation by ADP. The ADP concentration–response relationship for Ins(1,4,5)P<sub>3</sub> generation (approximate EC<sub>50</sub> 50 μM) was not shifted to the left in the presence of adrenaline or 5-HT (Table 1). Therefore there was no significant synergistic effect by adrenaline or 5-HT on stimulation of Ins(1,4,5)P<sub>3</sub> production by ADP.

### 3.4. Calcium mobilisation

Platelet aggregation and intracellular Ca<sup>2+</sup> mobilisation responses stimulated by ADP alone and in combination with adrenaline in the presence and absence of aspirin are shown in Table 2. The aequorin loading procedure has caused some attenuation of the aggregation response compared to the experiments with washed platelets not loaded with aequorin. Nevertheless, adrenaline caused potentiation of platelet aggregation (Table 2A) which, in the absence of aspirin, was accompanied by a potentiation of ADP-induced Ca<sup>2+</sup> mobilisation by adrenaline (Table 2A).

Adrenaline alone caused no platelet aggregation or  $\text{Ca}^{2+}$  mobilisation (data not shown). In the presence of aspirin, the interaction between adrenaline and ADP was still able to achieve a potentiation of platelet aggregation (Table 2B) but this was not accompanied by a potentiated  $\text{Ca}^{2+}$  mobilization response (Table 2B). Thus, while platelet aggregation induced by ADP is potentiated by adrenaline (10  $\mu\text{M}$ ) both in the presence and absence of aspirin,  $\text{Ca}^{2+}$  mobilisation is potentiated only in the absence of aspirin (ie in the presence of thromboxane).

#### 4. Discussion

The results from the present study show that generation of  $\text{Ins}(1,4,5)\text{P}_3$  and therefore  $\text{PtdIns}(4,5)\text{P}_2$  hydrolysis are stimulated by the weak agonists ADP, adrenaline and 5-HT. The failure of some previous studies to demonstrate the stimulation of the phosphoinositide pathway by these agonists (Fisher et al., 1985; MacIntyre et al., 1985) probably relates to a lack of assay sensitivity and a failure to document that the platelets have been isolated in such a way as to preserve their aggregation response, particularly to ADP. This is important because, in contrast to the effects of stronger stimuli, the aggregation response to ADP in particular is readily lost if the method for preparing suspensions of platelets washed free of plasma is not appropriate (Mustard et al., 1989).

We showed a significant increase in  $\text{Ins}(1,4,5)\text{P}_3$  formation 2 s after ADP stimulation in a stirred aggregation system. This is in agreement with studies in a quenched-flow system (Raha et al., 1993) in which an increase in  $\text{Ins}(1,4,5)\text{P}_3$  occurred at 1.5–5 s after the addition of ADP or thrombin and correlated with the mobilisation of intracellular  $\text{Ca}^{2+}$  within 2 s. In the quenched-flow system, an increase in  $\text{Ins}(1,4,5)\text{P}_3$  was also found at 200 ms but the shear forces alone experienced by the platelets in this system were reported to cause the liberation of inositol phosphates (Raha et al., 1993). By contrast, in our experiments, there was no increase in  $\text{Ins}(1,4,5)\text{P}_3$  caused by stirring alone in the absence of agonist.

The dose–response relationship for ADP-induced  $\text{Ins}(1,4,5)\text{P}_3$  formation consistently showed a biphasic response (100  $\mu\text{M}$  ADP compared to 50  $\mu\text{M}$  and 500  $\mu\text{M}$ , Table 1), occurring in all seven individual experiments. This is possibly explained by the high and low affinity states of the ADP receptor on the platelet membrane (Jefferson et al., 1988). Studies in other cells have reported a similar phenomenon (Kroegel et al., 1991).

The small but significant increase in mass of  $\text{Ins}(1,4,5)\text{P}_3$  2 s after stimulation with adrenaline is the first demonstration of this in aspirin-treated human platelets and supports a very early study of adrenaline-stimulated phosphoinositide turnover in the presence of aspirin (Deykin and Snyder, 1973). The current view has been that adrenaline does not induce  $\text{PtdIns}(4,5)\text{P}_2$  hydrolysis in platelets, because

many others have been unable to demonstrate this using indirect methods with radioactive precursor incorporation or when thromboxane production is blocked by aspirin (Siess et al., 1984; MacIntyre et al., 1985; Drummond and MacIntyre, 1987). The  $\alpha$ -adrenoreceptor on platelets is of the  $\alpha_2$ -C10 subtype, which is coupled to  $\text{PtdIns}(4,5)\text{P}_2$  hydrolysis in other cells (Kobilka et al., 1987; Cotecchia et al., 1990), lending further support to the findings in the present study.

In early studies 5-HT was shown to stimulate inositol 1-phosphate accumulation in rabbit platelets (Schächter et al., 1985). It has also been shown to induce a decrease in radiolabelled  $\text{PtdIns}(4,5)\text{P}_2$  and an increase in diacylglycerol, although there was not a convincing concomitant increase of inositol 1,4-bisphosphate and  $\text{Ins}(1,4,5)\text{P}_3$  (De Chaffoy de Courcelles et al., 1985). In both these previous reports, the experiments did not include a cyclooxygenase inhibitor. This present study is the first to report that 5-HT stimulates  $\text{Ins}(1,4,5)\text{P}_3$  in platelets in the presence of aspirin at early time points.

The actions of weak agonists are mainly of importance when they act in synergism with other stimuli released in vivo from stimulated platelets into the milieu of developing haemostatic plugs or thrombi. Having determined the ability of the weak agonists to stimulate  $\text{Ins}(1,4,5)\text{P}_3$  individually, we proceeded to determine whether the synergistic platelet aggregation between combinations of agonists occurs as the result of prior synergistic hydrolysis of  $\text{PtdIns}(4,5)\text{P}_2$ . The criterion to identify true synergism was the demonstration of a parallel shift to the left of the dose response curve to one agonist in the presence of another, for  $\text{Ins}(1,4,5)\text{P}_3$  generation or platelet aggregation, as in our earlier study (Vanags et al., 1992), rather than using selected single doses of agonist. Adrenaline and 5-HT synergistically enhanced the ADP-induced platelet aggregation responses with a decrease in  $\text{EC}_{50}$ . However, synergistic enhancement of ADP-induced  $\text{Ins}(1,4,5)\text{P}_3$  formation was not apparent, in the presence of adrenaline or 5-HT. Therefore no evidence of potentiated  $\text{PtdIns}(4,5)\text{P}_2$  hydrolysis by these agents was found. Lalau-Keraly et al. (1987) also found that adrenergic potentiation of ADP aggregation did not involve changes in  $\text{PtdIns}(4,5)\text{P}_2$ , but  $\text{Ins}(1,4,5)\text{P}_3$  was not measured.

The dose–response relationship for ADP-induced intracellular  $\text{Ca}^{2+}$  mobilisation in our study was potentiated in the presence of adrenaline for all concentrations of ADP in the absence of aspirin. This is in agreement with Potevin et al. (1990) who showed a similar potentiation, although only with a single concentration of ADP. In the presence of aspirin, however, we showed that adrenaline potentiated only ADP-induced platelet aggregation, but not intracellular  $\text{Ca}^{2+}$  mobilisation. It was not our intention to precisely correlate the dose of stimulus which caused  $\text{Ins}(1,4,5)\text{P}_3$  generation and  $\text{Ca}^{2+}$  mobilisation, and thus the experiments were not designed to answer this question. We were more interested in whether either response, which

occurred earlier than platelet aggregation, showed similar synergism.

The evidence presented in our study strongly suggests that the intraplatelet mechanism of synergism between the weak agonists does not involve PtdIns(4,5)P<sub>2</sub> hydrolysis or Ca<sup>2+</sup> mobilisation when thromboxane is inhibited, at least not at early (< 10 s) time points. The lack of synergism at the signal transduction level suggests that the pathways for the stimulation of the platelet aggregation response remain separate at least as far as the formation of Ins(1,4,5)P<sub>3</sub> and Ca<sup>2+</sup> mobilisation. It seems likely that it is only after these steps that the pathways interact to produce synergism. This result is of considerable interest. Conceptually, at the stage of first interaction of a stimulus with the platelet surface, each of the stimuli acts via a different pathway which subsequently converges with the pathways for other stimuli at a critical point in the signal transduction cascade. It would be of interest to know if this was also true for some of the other stimuli such as thromboxane, collagen and thrombin. It may then be possible to design specific platelet inhibitors, which act at this critical point in the activation cascade.

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